

G.T. Newsletter

G. T. (Ellen Yeung) College - Secondary Section

ISSUE 2 November 2019



Dr. Raymond TAM
Principal

“The winner is a dreamer who never gives up.” This familiar quotation is from Mandela, but the wisdom it involves does not seem to be confined to Mandela and his past; such an evergreen survival logic can be applied to our GT graduates’ learning experience in 2018-2019. Their sharing about their paths to their “five-stardom” is manifest wisdom and truth about success. As Mandela puts it, “Everyone can rise above their circumstances and achieve success if they are dedicated to and passionate about what they do.” It is these students’ passion for excellence and achievements that have made things happen in the DSE exams this year.

I am sure we might all have been held back by our procrastination habits, intimidated by the giant competitors in our community, or even defeated by setbacks in life. We might even reckon that the best way to life is to be free from all chains or obligations. However, what is the ultimate difference or destination for people who can hold their breath and do not allow repeated failures to take away their dignity or opportunities? A deep dive into Mandela’s words of wisdom may reveal another lifebuoy to us---“For to be free is not merely to cast off one’s chains, but to live in a way that respects and enhances the freedom of others.” Mandela has enhanced the freedom of others via his lifelong democracy and equality protests, but what have our GT graduates demonstrated to us via their unsung experience? Their unsung one is turned into a song of their own in this *G. T. Newsletter*.

Our GT graduates (2018-2019) have spoken volumes that you could change your mindset and look up to Mandela for an epiphany: “It always seems impossible until it’s done.” Fear not GT kids; take Mandela’s words of wisdom again: “The brave man is not he who does not feel afraid, but he who conquers that fear.” There is no fear for those who dare to make select choices and take prompt action for their dreams come true. I wish you all the best hopes and successes in the academic year.

G12 Study Tour to the Guangdong-Hong Kong-Macao Greater Bay Area

Dà-Jiāng Innovations (大疆創新科技有限公司)



Students exploring the latest products of DJI



A tour explaining the research projects conducted by the institute

A one-day tour to the Greater Bay Area was arranged to enrich our students’ learning experience and let them understand the latest development of the region.

Ms. Winnie AU
Liberal Studies Teacher

Shenzhen Research Institute of the HKUST (香港科技大學深圳研究院)



G12 students taking a group photo with teachers, Ms. Winnie AU, Ms. Elsa YIM, Mr. King LAU, and Mr. Billy LEE

High achievers in 2019 HKDSE Exams (2019年文憑試表現傑出學生)

The results of the 2019 HKDSE Examination were released in July. Compared with last year, the overall performance of G.T. College graduates have shown a slight improvement. Remarkably, 90.2% of our students attained the requirement for university admission (33222), which is 2.5 times the territory average of 36.8%. Students on average attained a total score of 22 in their best five subjects. We have conducted interviews with eight outstanding students in Chinese or English and asked them to share their study methods or experience of choosing elective subjects, with a view to helping their younger schoolmates face the coming public examinations.

2019年度文憑試成績已於7月公佈，優才畢業同學整體成績較去年稍勝。本校的大學入達標率 (33222) 為 90.2% (全港平均 36.8%)，為全港的 2.5倍。全校平均每位同學最佳五科成績為 22分。本期刊登出8位成績優異的學生，以中文或英文訪問的形式，讓他們講出讀書或選科心得，希望對師弟師妹日後面對公開考試有所裨益。



Jasper 鍾尚臻

The Pathway to Excellence (奪星之路)

University : The University of Hong Kong
Major : Social Sciences (Government and Law) and Law [double degree]
Star Subjects : L5** Eng, Bio
L5* Chin, Math, L.S., Geog, Chem

One of the top performers in the DSE Examination is Jasper, who contributes his success to his self-discipline, perseverance, and devotion. To make the most out of his study, Jasper uses a small technique. He believes that the brain is most retentive 30 minutes before sleep and 30 minutes after waking up. That's why he makes use of this productive hour to study.

Besides, Jasper thinks what makes G.T. College stand out from its counterparts is its implementation of small-class teaching. Teachers are able to cater for students' learning needs and help them rectify and consolidate their concepts. Consequently, students are more willing to ask questions. This makes their learning progress more effective and efficient.



Alvin 朱榮峯

In Search of Interest (尋找學習之興趣)

University : The University of Hong Kong
Major : Engineering Finance in Asset Management and Private Banking
Star Subjects : L5** Chem, Bio
L5* Math, Phy

學習心得：我會找一個讓自己又放鬆又專注的方法，讓自己能長時間地溫習，我會聽歌但又能專注，不分心。選科方面，我注重興趣，所以我選擇了商科，即使我文憑試沒有讀經濟科。



Annette 馮沛樂

The Balance between Studies and Music (讀書和音樂都能平衡)

University : The Chinese University of Hong Kong
Major : Nursing
Star Subjects : L5* Eng, L.S., Geog, Bio

Annette thinks that G.T. College offers a variety of programs, from Talent Class to Elective Day, which are not offered in other conventional schools. Through these diversified activities, students' knowledge is expanded beyond the boundaries of classrooms. They can get in touch with other aspects such as arts, music, and sports.



Sam 李卓明

In Quest of the Truth (尋找真相之路)

University : The University of Hong Kong
Major : Law
Star Subjects : L5* Eng, L.S., Phy, Econ

Sam finds the Mentorship Program an integral part of the features in G.T. College. Not only does it provide students with a golden opportunity to talk to their mentors (class teachers), it also allows students to reach out to the community. Such exploration, which was not realised in primary schools, is conducive to students' personal development.



Yi Tak 李懿德

The Passage to Cambridge (入劍橋之路)

University : University of Cambridge (UK)
Major : Engineering
Star Subjects : L5** M2
L5* Math, Phy

升學心得：入劍橋是相當困難，不單是成績要優秀，還要看個人的性格和對科目的熱誠。我在優才參加過泰國和韓國的交流活動，令我瞭解到世界各地有一些出色的學生，我就決心要考入世界名牌大學。



James 陳曉揚

The Importance of Being Earnest (沉實認真是成功之路)

University : The Hong Kong Polytechnic University
Major : Physiotherapy
Star Subjects : L5** Math
L5* Phy, Chem

學習心得：我喜歡找安靜的地方溫習，我操練試卷會思考題型，題型的特點會重現在真正的考試中。我很注重溫習後的休息，我覺得有成效必須是長時間保持溫習的良好狀態。選科方面我會考慮未來出路，獲取專業資格是最好的考慮。



Yin Kei 譚言基

A Silent Vow of Never "Never!" (永不言敗的學習之路)

University : The University of Hong Kong
Major : Pharmacy
Star Subjects : L5** Bio
L5* Math, Phy

升學心得：入劍橋是相當困難，不單是成績要優秀，還要看個人的性格和對科目的熱誠。我在優才參加過泰國和韓國的交流活動，令我瞭解到世界各地有一些出色的學生，我就決心要考入世界名牌大學。



Linda 顏詩婷

Like-Like-Like: The Way I Was (文科奪星之路)

University : The University of Hong Kong
Major : Arts
Star Subjects : L5* L.S., Geog, C. Hist

學習心得：讀文科最重要是喜歡，興趣很重要，例如讀中史，若學生感到有趣，溫習才會感到輕鬆，上課也自然投入其中。

School Commencement Day and Prize Giving Day 2019

The School Commencement Ceremony and Prize Giving Day 2019 were successfully held on 21 and 22 August respectively. Teachers of the new academic year were introduced while students were awarded for their efforts.

Dr. Ken Cheng and Ms. Winnie Au
Heads of School Function Group



G11 Conduct Award Winners showing off their certificates



Dr. Tam (Principal), Prof. Li (School Founder), Mr. Lee (Supervisor), Mr. Yeung (Governor), and Mr. Chan (Vice Principal)



G9 Academic Award Winners reaping their rewards of being diligent



2019 DSE graduate representatives sharing their experience with G12 students



Introducing G.T. English Language Teachers of the year



Taking a group photo after the Prize Giving Ceremony



Presenting the University Entrance Scholarship to graduates admitted to Science Programmes



Outstanding scholarships for 2019 Graduates: (from left) 12A: Linda Yan; 12B: Annette Fung, Jasper Jung, Sam Lee, Dickson Tong; 12C: James Chan, Alvin Chu, Yi Tak Lee, Jimmy Shum, and Yin Kei Tam

G7 Orientation Camp

The G7 orientation camp was successfully held from 8 to 10 September 2019. All G7 students had cheerful and valuable moments in three days and two nights. Through various kinds of team-building activities, students have developed a closer relationship and bonding with one another. In addition, they have identified their strengths and weaknesses, which will benefit their personal development in the long run.

Nestle Hui
Moral Education Group



Demonstrating the making of a bamboo raft



Working as a team



Conducting a debriefing and sharing session

In our team, every member had different strengths and limitations. For example, I did not know how to knot and I am strong enough to assist the team to finish the tasks that require physical strength. Other members could also be good leaders and provide guidance for the team. Although we have different limitations, every member can make significant contributions to the team's performance.

Gregory NG 7D



Teachers and G7 students taking a group photo at the campsite



Yeah! We have made it!



Go, go, go; just do it!



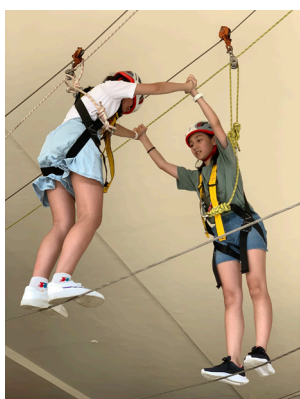
Let's eat, buddies!



Row, row, row the boat!

I was afraid to walk along the rope hanging on the roof. My partner encouraged me in the process. Finally, I could finish the task with my partner. After finishing this task, I understood that determination and believing in myself are important elements I need to accomplish different missions in the future.

Kelly LEE 7C



Doing a "High V" !



Let's fly!



Safety being our priority!



Being Master Chef is no easy job

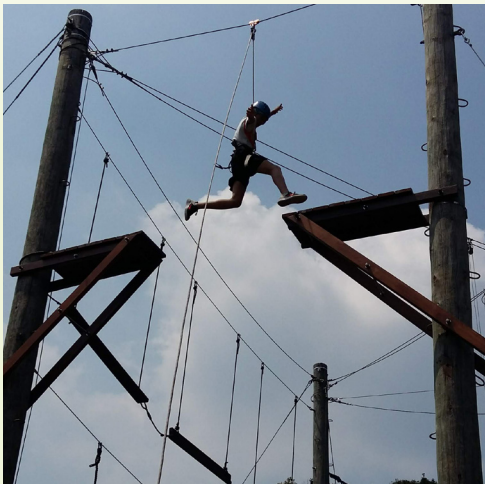
G8 Breakthrough Camp



The G8 Breakthrough Camp was successfully held from 27 to 28 September 2019. All G8 students had memorable moments during the two days and one night. Through various kinds of intensive training requiring obedience and self-discipline, problem-solving and communication skills of the students were strengthened. Students were well prepared to overcome the upcoming challenges both physically and mentally.

Ms. Yan Mok
Moral Education Group

Teachers and G8 students taking a group photo in front of the campsite



I can do it!



Abseiling is challenging!



I'll try my best!

I learnt team spirit and how to get along with others after the camp, which increased our class spirit and enhanced our friendship. In this training camp, I tried my best to be involved in new things and activities.

Ng Tsz Yiu Yoyo 8A

In this training camp, I learned persistence and courage through the obstacle course and high event activities, coordination in low event activities, patience in Foot Drill, and responsibility in cleaning up dinnerware after every meal. Our class has certainly become more harmonious after these two days. We cheered each other up and helped each other out when facing challenge. I found that we can make use of our strengths and weaknesses to create an excellent class this year.

Cheung Yui Nam 8B



Gearing up for the High Event!



Obstacle Course 2: Unity is strength!



Obstacle Course 3: Everyone becoming a warrior!

The activities were challenging and meaningful. It pushed me to overcome the fear of heights and death, making me self-disciplined and independent. I was not afraid of any activities with my newly gained self-confidence.

Li Yi Ting 8C

I trained my endurance and patience in the camp especially since we had to finish the activities under the scorching sun. Although the training process was hard, it was good training as we need patience in many life events.

Lam Tak Shun 8D

Unity is very important since we need it to complete many things in life. In the breakthrough camp, I overcame my fear of heights. Despite having fear during abseiling, I got over it and finished the task under the raging sun.

Tam Cheuk Yi 8E

We realized the importance of unity in the training camp. Unity is not just about a group of people doing the same thing, but it is also related to the art of division of labour, practice and communication to work for a goal. We faced different challenges, and the program helped me understand that once we face challenges calmly and bravely, we can conquer our fears and achieve success in the end.

Cheng Long Hin 8F



Building a Catapult: GT girls've got talent!



High Event 1: Oh! Such a long way to go!



Obstacle Course 4: Oh! My God!



High Event 2: Stay calm, friend!



G9 Leadership Camp

The G9 Leadership Camp was successfully held from 18 to 19 October 2019. All G9 students and class teachers had fruitful experiences and memorable moments in the camp. Through various kinds of group activities requiring teamwork and communication, the students have come to a better understanding of the qualities of a leader and their own potential traits to become a leader.

Ms. Yan Mok
Moral Education Group



Jumping into the blister on top of the water



Rowing to the other side of the pool



Two teams competing to the finishing line



Warming up in the water makes a flower

I learnt that communication and cooperation are very important within a team; throughout communication, we worked out a plan to best help our classmates. Through interaction, we calmed down our classmates who were afraid of heights. As a result, we pulled off the activities, teamwork has made our job easier.

During this event, I also realized that if you are willing to try and not just complaining about the difficulty of the event, you can succeed in doing anything. Actually I was afraid of heights; looking down from the facility made my legs tremble, but I was willing to take the first step and I found this event fun!

Lee Cheuk Hin 9A

My personal favourite was the one where we had to build a boat out of floats, rope and oars, while using oars to ship our teammates back and forth across a pool. That was a load of fun, mainly because our entire plan revolved around using a pulley system to get the floats to move to and from each side of the pool. Despite our plans comically failing the first few times, we ended up getting it together, and to the surprise of everyone, we didn't finish last!

Afterwards, 9A and 9B even had an extremely chill pool party. The whole event was a lot of fun for all of us, and we learnt how to work together like a well-oiled machine. From this camp, I have learnt that I have more leadership qualities than I had thought, and have finally gained the tiniest bit of confidence.

Chan Shun Hau, Hugh 9B



Two teams finding out the ball inside the pillar with hole

In this camp, I found my courage. In High V, I thought I had a valour to go up and go outside. The most important is I never screamed at all. This is a very good try. Also, I set a goal before I played High V. This is my first time to set a goal to play any games.

I think setting a goal is the most important thing in all games. Setting a goal means you can hold a key to success and breakthrough. The camp helps me learn how to increase my courage and force me to set a goal for the first time. This is an experience of a lifetime.

Cheng Man Hei 9C



All ears--listening to the campsite briefing

In this camp, I learnt that there are things we might think we would fail to do; but after we try it, we can still do it, so I think we should have faith in ourselves in order to succeed. What's more, teamwork is very important. So if you feel like you are really unable to do it even if you have tried, you can look at the people around you to help you. Together, a team can create unimaginable power and strength that one has never experienced before.

Although a lot of people have different weaknesses, your teammates still can have strengths to fill in the blanks. With everyone as a guide, you can all become an undefeatable team, ramming through every single wall and border that would block your way. That is how I have learnt teamwork .

Chan Pak Tik Brandon 9D



Crossing the "electric fence" only on top of the rope



Doing a "High V"

童軍一年回顧

優才書院童軍18-19年度的活動於7月6日正式結束。回顧這年，優才童軍舉辦過戶外訓練營，訓練過程嚴格兼富挑戰性，夜間以小隊形式作山野探險，更巧合地學懂在遇上山豬時的應變措施，成員互相幫助，驚險又有趣。眾小隊在營地烹調，舉行了一個歡愉的營火晚會。

優才書院資深童軍團過去一年由年長成員們去統籌每一個活動。他們亦參與童軍每年一度舉辦之訓練營，期間成功建立大型先鋒工程 - 10米高空中走廊。來年成員們將會繼續接受各項挑戰，繼續服務社會！優才書院童軍開始邁向20週年，環顧過去，重要的是讓每一位童軍學會在人生途上如何應對、檢討和修正。

優才書院第1178旅童軍團



1178旅童軍團2018-2019年度全體成員



童軍成員享受營地烹調的成果



1178旅2018-2019年度深資童軍團

Hong Kong Affairs Essay Competition 2019

翻譯比賽獲殊榮-12B鍾尚臻



Chiu Wing Tung (11D) receiving her scholarship in the University of Hong Kong

11D Chiu Wing Tung won the Champion of Chinese Session and was invited to participate in the "Reflections" Annual Youth Conference 2019 held by the Cambridge University Hong Kong and China Affairs Society.

Ms. Winnie AU
Liberal Studies Teacher

12B鍾尚臻獲得【第44屆全港青年學藝比賽-全港青年翻譯比賽】高中組亞軍（中譯英），高中組優異（英譯中）9月1日培正小學舉行頒獎禮，恭喜鍾同學，藉此表揚他中英兩種語文兼善。

龍君慧老師
中文科主任



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